

My Creative Project

Weekly Progress Page



Use this page to summarize your achievements, note your main challenges, and plan for the next week. If you spend more than one week on this chapter, include the other weeks here too, or download extra pages at: <http://www.thehappywellfedartist.com/workbook-gifts.html>

DATES:

Achievements and Wins:

- 1.
- 2.
- 3.

'Aha' Moments and Learning:

- 1.
- 2.
- 3.

Where I Had Greatest Flow and Ease:

What Was Hard but I Did Anyway:

How I Am Celebrating:

Top Three Tasks for Next Week:

- 1.
- 2.
- 3.